

BIKE SAFETY

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Active Transportation Safety Campaign



Background

- Cycling and walking are becoming more popular for work and play
- Shift from car culture to sharing the road with cyclists & pedestrians
- Emphasis on building bike-friendly communities throughout the county
- Increase in cycling-related accidents



Bike and Pedestrian Safety Campaign

Goals:

- Raise awareness about safety issues
- Educate and engage public
- Create and foster a “Bike Smart, Bike Safe” culture in Orange County
- Develop partnerships



Bike and Pedestrian Safety Campaign

Target Audiences:

- Cyclists – Kids/Youth; Adults/Parents
- Pedestrians – Kids/Youth, Adults/Parents
- Motorists
- Facilitators
Schools, bike advocate groups,
bike clubs/shops,
Cities/law enforcement agencies,
AAA, media, etc.



Bike and Pedestrian Safety Campaign

Strategies:

- Develop a safety microsite
- Use traditional and online media
- Create and distribute safety tool kits
- Conduct school and community outreach
- Leverage Bike to Work month events



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Bike Events			
Date	Event	Location	Time
4/14/2014	Bike Safety Workshop	Irvine City Hall	5pm - 7pm
4/22/2014	OCTA Bikeshare Dedication	SOCO Parking Structure, Fullerton	9:30am
4/27/2014	Bike Festival	Pier Plaza, Huntington Beach	9am - 1pm
5/4/2014	Angel Game Day Ride	Angel Stadium Parking Lot	11am
5/7/2014	Santa Ana Bike Rally and Blessing of the Bikes	Santa Ana Metrolink Station to Santa Ana City Hall	7:20am - 9am
5/15/2014	OCTA Bike Rally	Orange Metrolink Station to OCTA	7:30am - 8:45am
5/21/2014	Ride of Silence	Irvine City Hall	6:30pm-9pm
5/24/2014	Bike Safety Camp	Pavilion Park, Irvine	10am-2pm
TBD	5th District Bicycle Collaborative	TBD	TBD
7/19/2014	Beach Babe Classic Bike Ride	Huntington Beach	TBD
Fall	Cayote Creek Bike Trail Opening	TBD	TBD

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Test your cycling smarts.
Win safety gear and prizes today!

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DID YOU KNOW?

A helmet is the single most effective way to prevent head injury resulting from a bicycle crash.

Bicyclists are considered vehicle operators; they are required to obey the same rules of the road as other vehicle operators.

When cycling in the street, cyclists must ride in the same direction as traffic.



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DID YOU KNOW?

Bicyclists are considered vehicle operators; they are required to obey the same rules of the road as other vehicle operators

When cycling in the street, cyclists must ride in the same direction as traffic.

Bicyclists should increase their visibility to drivers by wearing fluorescent or brightly colored clothing during the day, dawn, and dusk.



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DID YOU KNOW?

All bicyclists should wear properly fitted bicycle helmets every time they ride.

The age group 16 and younger accounted for 10% of all pedalcyclists killed at 19% of all those injured in traffic crashes in 2011.

A helmet is the single most effective way to prevent head injury resulting from a bicycle crash.

BIKE SAFETY

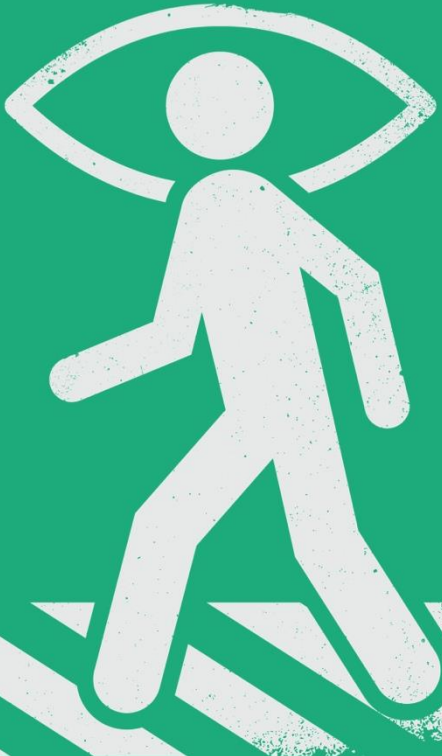
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DID YOU KNOW?

4,280 pedestrians died in traffic crashes in 2010, a 4% increase from the number reported in 2009.

On average, a pedestrian was killed every two hours and injured every eight minutes in traffic crashes.

In 2009, 16 percent of all traffic fatalities in the United States were among people age 65 and older.

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Test your street smarts around pedestrians and win prizes today!

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DID YOU KNOW?

In 2010, 4,280 pedestrians were killed and an estimated 70,000 were injured in traffic crashes in the United States.

Drivers are required to yield the right-of-way to pedestrians crossing streets in marked or unmarked crosswalks in most situations.

When possible, cross the street at a designated crosswalk. Always stop and look left, right, and left again before crossing.

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Test your street smarts around cyclists and win prizes today!

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DID YOU KNOW?

The Three Feet for Safety Act goes into effect September 2014. Drivers must allow at least three feet clearance when passing a bicyclist on the road.

Drivers should look for cyclists before opening a car door or pulling out from a parking space.

Drivers should yield to cyclists at intersections and as directed by signs and signals. Be especially watchful for cyclists when making turns.

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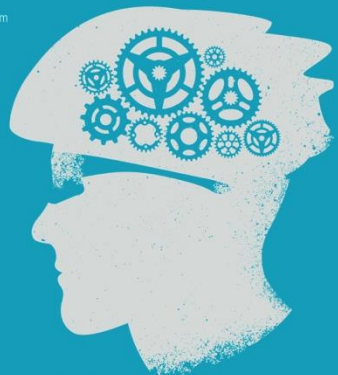


DID YOU KNOW?
In 2009, 4,200 pedestrians were killed and an additional 76,000 were injured in traffic crashes in the United States.
Drivers are required to yield the right-of-way to pedestrians crossing streets in marked or unmarked crosswalks in their direction.
When possible, cross the street at a designated crosswalk. Always stay and walk left, right, and left again before crossing.

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DID YOU KNOW?
A helmet is the single most effective way to prevent head injury resulting from a bicycle crash.
Bicyclists are considered vehicle operators. They are required to drive the same side of the road as other vehicle operators.
When cycling in the street, cyclists must ride in the same direction as traffic.

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DID YOU KNOW?
4,200 pedestrians died in traffic crashes in 2009, a 4% increase from the number reported in 2008.
On average, a pedestrian was killed every five hours and injured every eight minutes in traffic crashes.
In 2009, 76 percent of all traffic fatalities in the United States were among people age 15 and older.

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DID YOU KNOW?
Bicyclists are considered vehicle operators. They are required to stay the same side of the road as other vehicle operators.
When cycling in the street, cyclists must ride in the same direction as traffic.
Bicyclists should increase their visibility to drivers by wearing reflective or brightly colored clothing during the day, dawn, and dusk.

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DID YOU KNOW?
No bicyclist should ever operate a bicycle on a highway that is not a designated bicycle route.
The safe place to ride your bicycle is on the side of the road that is closest to the curb or on a designated bicycle route.
A helmet is the single most effective way to prevent head injury resulting from a bicycle crash.

BE ALERT. BE SAFE.

Test your street smarts around cyclists and win prizes today!
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DID YOU KNOW?
The Three Feet for Safety Act goes into effect September 20th. Drivers must allow at least three feet clearance when passing a bicyclist on the road.
Drivers should look for cyclists before opening a car door or pulling out from a parking space.
Drivers should yield to cyclists at intersections and be directed to stop and signal, be especially watchful for cyclists when making turns.

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 - Bike Safety
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 - Cycling Resources
 - BikeShare
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Bike Safety

OVERVIEW	FOR KIDS/YOUTH HELMETS HAND SIGNALS	FOR ADULTS HELMETS HAND SIGNALS	FOR MOTORISTS	EVENTS & WORKSHOPS

Teaming up for cycling safety

With its year-round great weather, miles of beaches and mountains and well-maintained streets, Orange County and bike riding fit together naturally. More and more people are choosing to ride as part of their daily commute as well as for recreation. And all of us share the road; it's the law.

Bike safety is everyone's responsibility. That includes bike riders of all ages, motorists, pedestrians, and OCTA. Together, we can team up for cycling safety and enjoy moving throughout Orange County and beyond.



"Each year, more than 10 people die from bike-related accidents. Hundreds more are hospitalized. Some are impaired for life."

Understanding how to share the road

Many of these accidents could have been avoided. To encourage bike safety, OCTA is making information available that will assist both bike riders and motorists. You'll find the latest on California rules and regulations plus safety tips and best practices on how to wear a helmet properly and use hand signals. To assist as many people as possible, there are special sections for children, adults, parents and guardians, motorists, and pedestrians. Information is also available in other languages.

Working to make OC more bike friendly

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Share the Ride/Bike

Kids Bike Safety








OVERVIEW FOR KIDS/YOUTH FOR ADULTS FOR MOTORISTS

HAVE FUN. BE SAFE.

Bicycle Safety for Children and Young Adults

Riding your bike is a great way to have fun and get around. You sure don't want slow you down! Every year, thousands of kids wind up in the emergency room with injuries. Follow these tips and know the rules. Keep yourself safe to keep riding!

Safety Rules & Tips

-  **Wear a helmet. Every time you ride.**
In California, kids under 18 must wear a helmet. That's because helmets are fragile and can be damaged easily. Learn about helmets and how to use them properly.
-  **Take care of your bike.**
And it will help take care of you. Check your brakes, tires and make sure your bike will respond properly so you can avoid danger.
-  **Help others see you.**
That means bright clothing on you, reflectors and head lamps. California law specifies the type of lights and reflectors you need.
-  **Avoid riding at dusk or at night.**
Daytime riding is much safer. It's harder for cars to see you at night for you to see, too.
-  **No headphones. No cell phones.**
Be alert and focus on riding, not on your favorite tune or your phone. You'll be able to see and hear warnings that will increase your safety.
-  **Don't carry passengers on your bike.**
-  **Be street safe.**
If you're allowed to ride in the street, treat cars and trucks with respect. Remember that they may have difficulty seeing you. Help them by always riding in the same direction as the cars are going. Watch for cross intersections. And be careful passing parked cars to avoid a car door.

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Share the Ride/Bike

Kids Helmets

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Protect Your Head with a Helmet

Can you guess which sport sends most kids between ages 5 and 14 to the emergency room? If you guessed biking, you would be right. According to the National Highway Traffic Safety Administration (NHTSA), more children in that age group wind up in the hospital for bicycle-related injuries than with any other sport, many of them with head injuries. Don't be one of them!

Wear A Helmet: It's the Law
Wear a helmet every time you ride. That's the law in California if you're under 18. Your helmet is your most important piece of safety equipment. Even if you're an awesome bike rider, accidents can happen. Be prepared and be safe.

Get A Good Fit
Helmets are so important that the U.S. government has created safety standards for them. Use a helmet that meets the standards of the American National Standards Institute (ANSI) or the SNELL Standards for Protective Headgear. Make sure your helmet fits well and never wear a hat underneath. Keep the helmet level and covering your forehead and keep those chin straps fastened. This is important stuff, so ask your parents or someone from the bike shop for help.

Here are some tips for fitting your helmet:

1. Get the correct size.
Your helmet size is based on the size of your head, not your age. Get someone to help you measure your head just above your eyebrows. Your helmet should cover your forehead. Don't push it back - move it down so it's no more than an inch above your eyebrows.
2. Adjust the pads.
Adjust the foam pads inside the helmet for a snug fit.
3. Adjust the straps.
Your ear straps should form a "V" just below each ear.
4. Test the fit.
Rock your helmet back and forth. The straps should only move one inch.

For more information, check out this guide and video on the proper way to fit your helmet.

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Adult Bike Safety

OVERVIEW FOR KIDS/YOUTH FOR ADULTS FOR MOTORISTS EVENTS & WORKSHOPS

Bike Safety for Adults

Ready to put pedal to the metal and head out on your bike? Before you do, take a look at the following safety rules and tips. Even experienced riders will find useful information to help ensure safe and enjoyable cycling throughout Orange County.

Safety rules and tips



Know the law.
Cyclists have a legal right to share the road. That privilege comes with responsibilities. Understand the laws governing traffic safety, safe riding procedures, bike equipment, and more.



Wear a helmet.
Head injuries are the most serious type of injury and the most common cause of death for bicyclists. Bicycle helmets have been proven to reduce the risk of head and brain injury when a crash occurs by as much as 85 to 88 percent, according to the National Highway Traffic Safety Administration. So even though helmets are required only for bike riders 18 and under, it's clear that wearing one offers protection. Find more about helmets and how to properly fit yours here.



Learn hand signals.
Hand signals communicate changes in direction and speed and help others adjust their movements in relationship to yours. California law requires cyclists to use them when turning left or right or when stopping or slowing. Learn them here.



Be visible.
Wear bright colors. Equip your bike with a headlight and reflector. There are about 11,000 bicycle collisions a year in California that result in injuries or fatalities, many due to a lack of visibility, according to AAA.



Pay attention.
Don't ride distracted. Keep the music and phone for another time. And don't ride your bike if you've been drinking alcohol. Alcohol is a contributing factor in 1 out of 4 crashes involving bicycle-related fatalities.



Ride With Traffic.
Ride with traffic on the right side of the road; it's the best way to share the road with motorists. If you're traveling slower than the speed of traffic, California law requires you to use a bike lane if one is available.



Take a bike class.
Improve your skills and safety awareness with a local bike class. It's a great way



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Share the Ride/Bike

Pedestrian Safety

OVERVIEW FOR KIDS/YOUTH FOR ADULTS FOR MOTORISTS EVENTS & WORKSHOPS



Pedestrian Safety

If you enjoy walking through beautiful Orange County, you're not alone. According to the Federal Highway Administration, about 51 percent of the traveling public chooses walking as a regular mode of travel. We walk for exercise, to do errands, to visit friends, and to get to work. By leaving the car at home, we help ourselves and the environment.

Most walks are safe and uneventful. Unfortunately, accidents happen. In 2011, according to the National Highway Traffic Safety Administration (NHTSA), 4,432 people were killed in pedestrian/motor vehicle crashes, more than 12 people every day of the year. There were also 69,000 reported pedestrian injuries, nearly one injury every eight minutes. According to AAA, one out of every five fatal traffic crash victims in California is a pedestrian.

Don't be a statistic. Practice smart, safe walking using the accompanying resources.

Safety Tips for Smart Walks



Pedestrians have the right of way.
Pedestrians always have the right of way at street intersections and at corners with or without traffic lights, whether or not the crosswalks are marked by painted white lines.



Pedestrians must care for their own safety.
That means no jumping off a curb or other place of safety to walk or run into the path of a vehicle that is so close as to constitute an immediate hazard.



Cross the street carefully.
Stop and look both ways. If possible, make eye contact with drivers. Do not start crossing until you know that the motorist can see you and is stopping.



Walk defensively at crosswalks.
Crosswalks convey a false sense of security. You are not physically protected by the crosswalk. Don't assume that a car will stop at a crosswalk or elsewhere, even though the driver is required by law to do so.



Cross with a group.
This provides greater safety because groups are easier to see than individuals.



Be visible.
Wear bright or reflective clothing. Stay in well-lit areas. Carry a flashlight when

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OCTA BIKE FESTIVAL

SUNDAY
4/27

PIER
PLAZA



OCTA
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FESTIVAL

SUNDAY
4/27

PIER PLAZA

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EBLAST

ORANGE COUNTY BIKE SAFETY WORKSHOP



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OCTA Headquarters
 600 S Main St., Ste. 101
 Orange, CA 92868
 1pm - 3pm



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U.S. News

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U.S. joins lawsuit against firm that vetted Snowden



WASHINGTON - The U.S. Justice Department said on Wednesday it joined a lawsuit filed by a whistleblower against United States Investigations Services, the firm that vetted Edward Snowden who leaked documents about U.S. spying efforts.

[CONTINUE READING](#)

A year after Sandy, many still rebuilding damaged homes

NEW YORK/SEASIDE PARK, New Jersey - Victims of Superstorm Sandy returned the waterfront where their neighbors and loved ones were killed a year ago Tuesday, honoring the dead while many are still struggling to rebuild their damaged homes. | [Video](#)

New 8:13am EDT

Exclusive: Leak of combustible fluid seen as culprit in Citgo refinery fire

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TOP NEWS VIDEO



Family shot dead in South Carolina

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[Breakingviews: Chrysler's \\$450 mln question](#)

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MAY IS BIKE MONTH

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Receive a \$25 coupon from JAX Bicycle Center and win great safety gear. Go to

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GET ROLLING AND JOIN US FOR THESE EXCITING EVENTS!

BIKE FESTIVAL
APRIL 27
Pier Plaza,
Huntington Beach
9:00 am - 1:00 pm

ANGEL GAME DAY RIDE
MAY 4
Angel Stadium,
Anaheim
11:00 am

BIKE RALLY & BLESSING OF THE BIKES
MAY 7
Santa Ana Metrolink
Station to Santa Ana
City Hall
7:00 am - 9:00 am

BIKE RALLY
MAY 15
Orange Metrolink
Station to OCTA
Free Metrolink ride with bike
7:30 am - 8:45 am

RIDE OF SILENCE
MAY 21
Irvine City Hall
6:30 pm - 9:00 pm

BIKE SAFETY CAMP
MAY 24
Pavilion Park, Irvine
10:00 am - 2:00 pm



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GET ROLLING AND JOIN US FOR THESE EXCITING EVENTS!

<p>BIKE FESTIVAL APRIL 27 Pier Plaza, Huntington Beach 9:00 am - 1:00 pm</p>	<p>ANGEL GAME DAY RIDE MAY 4 Angel Stadium, Anaheim 11:00 am</p>	<p>BIKE RALLY & BLESSING OF THE BIKES MAY 7 Santa Ana Metrolink Station to Santa Ana City Hall 7:00 am - 9:00 am</p>	<p>BIKE RALLY MAY 15 Orange Metrolink Station to OCTA <i>Free Metrolink ride with bike</i> 7:30 am - 8:45 am</p>	<p>RIDE OF SILENCE MAY 21 Irvine City Hall 6:30 pm - 9:00 pm</p>	<p>BIKE SAFETY CAMP MAY 24 Pavilion Park, Irvine 10:00 am - 2:00 pm</p>
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 - NEWS
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 - Bikes on Buses
 - Bikes on Trains
 - OC Bikeways Map
 - Bike Safety**
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 - Cycling Resources
 - BikeShare
 - Newsletter
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Celebrate National Bike Month



QUIZ YOUR BIKE SAFETY SMARTS AND PLEDGE TO BIKE TODAY

Receive a **\$25 coupon** from JAX Bicycle Center and win great safety gear.

[CLICK HERE](#)



May is Orange County Bike Month.

Bicycling is an environmentally friendly, inexpensive, and enjoyable way to get around Orange County. We want you to get out of your car and onto a bike. Even if it's just for a day! It's healthy, fun and we're offering plenty of prizes if you pledge your support.

Events

Get rolling and join us for these exciting local events! Click below for more info.

Bike Festival
Sunday, April 27, 9:00 am – 1 pm
Huntington Beach Pier Plaza

Angel Game Day Ride
Sunday, May 4, 11:00 am
Angel Stadium, Anaheim

Bike Rally and Blessing of the Bikes
Wednesday, May 7, 7:20 am – 9 am
Santa Ana Metrolink Station to Santa Ana City Hall

Bike Rally
Thursday, May 15, 7:30 am – 8:45 am
Orange Metrolink Station to OCTA Headquarters

Ride of Silence
Wednesday, May 21, 6:30 pm – 9 pm
Irvine City Hall

Bike Safety Camp
Saturday, May 24, 10:00 am – 2:00 pm
Pavilion Park, Irvine

Bike to Work Week
May 12 – 16
Participate, Pledge and Win



BIKE SMART. BIKE SAFE.

Click here for information on bicycle safety tips for kids, adults, motorist and pedestrians.



BikeShare
Check out BikeShare, OCTA's new program for Fullerton.

Our goal is to encourage bicycle commuting and to connect Orange County residents with valuable resources.

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 - NEWS
 - BIKE**
 - Bike Promotions
 - Bikeways Planning
 - Riding in Orange County
 - Bikes on Buses
 - Bikes on Trains
 - OC Bikeways Map
 - Bike Safety**
 - Sharing the Road
 - Cycling Resources
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Celebrate National Bike Month



Events

Get rolling and join us for these exciting local events! Click below for more info.

Bike Festival
Sunday, April 27, 9:00 am – 1 pm
Huntington Beach Pier Plaza
Ride your bike to the festival and learn about bike safety, win great prizes and get your bike ready for National Bike Month.

Angel Game Day Ride
Sunday, May 4, 11:00 am
Angel Stadium, Anaheim
Hop on the Santa Ana River bike trail and head to Anaheim Stadium to the Tail Gate Party hosted by OCTA and Jax Bicycles. Enjoy lunch while JAX cares for your bike. Discounted Angels/Rangers tickets are available at www.angels.com/angelsexpress

Bike Rally and Blessing of the Bikes
Wednesday, May 7, 7:20 am – 9 am
Santa Ana Metrolink Station to Santa Ana City Hall

Bike Rally
Thursday, May 15, 7:30 am – 8:45 am
Orange Metrolink Station to OCTA Headquarters
Join bicycle enthusiasts and OCTA CEO Darrell Johnson for a 3-mile bike ride through Old Town Orange on Thursday, May 15th. Your ride on Metrolink is free all day on May 15th when you bring your bike on-board!

Ride of Silence
Wednesday, May 21, 6:30 pm – 9 pm
Irvine City Hall
The Ride of Silence will begin in North America and roll across the globe in a silent procession to honor cyclists who have been killed or injured while cycling on public roadways.

Bike Safety Camp
Saturday, May 24, 10:00 am – 2:00 pm
Pavilion Park, Irvine

Bike to Work Week
May 12 – 16
Ditch your car and ride your bike to work one or more days this week for a healthy commute.

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BIKE SMART.
BIKE SAFE.



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AND WIN GREAT PRIZES!

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U.S. joins lawsuit against firm that vetted Snowden



WASHINGTON - The U.S. Justice Department said on Wednesday it joined a lawsuit filed by a whistleblower against United States Investigations Services, the firm that vetted Edward Snowden who leaked documents about U.S. spying efforts.

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A year after Sandy, many still rebuilding damaged homes

NEW YORK/SEASIDE PARK, New Jersey - Victims of Superstorm Sandy returned the waterfront where their neighbors and loved ones were killed a year ago Tuesday, honoring the dead while many are still struggling to rebuild their damaged homes. | [Video](#)

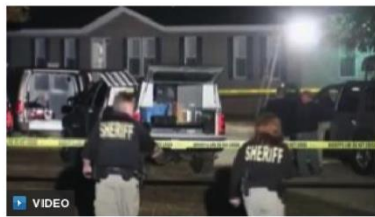
New 8:13am EDT

Exclusive: Leak of combustible fluid seen as culprit in Citgo refinery fire

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